

# \*CDC Guidance for **ESSENTIAL WORKERS WHO HAVE BEEN EXPOSED TO COVID-19**

Employers of critical infrastructure workers who have had an exposure but remain asymptomatic should adhere to the following five practices prior to and during their work shift:

## 5 STEPS TO TAKE IF EXPOSED BUT ASYMPTOMATIC

- 1. Prescreen** — Measure the employee's temperature and assess symptoms prior to them starting work. Ideally, temperature checks should happen before the individual enters the facility.
- 2. Practice regular monitoring** — As long as the employee doesn't have a temperature or symptoms, they should be advised to self-monitor under the supervision of their employer's occupational health program.
- 3. Wear a mask** — Require the employee to wear a face mask at all times while in the workplace for 14 days after last exposure. Employers can issue facemasks or can approve employee supplied cloth face coverings in the event of shortages.
- 4. Social distance** — Ensure that the employee maintains 6 feet of distance from others and practices social distancing as work duties permit in the workplace.
- 5. Disinfect and clean workspaces** — Clean and disinfect all areas such as offices, bathrooms, common areas and shared electronic equipment routinely.



**If the employee becomes sick during the day**, they should be sent home immediately. Surfaces in their workspace should be cleaned and disinfected. Information on persons who had contact with the ill employee during the time the employee had symptoms and two days prior to symptoms should be compiled.

Others at the facility with close contact within 6 feet of the employee during this time would be considered exposed.

Employers should implement the recommendations in the Interim Guidance for Businesses and Employers to Plan and Respond to Coronavirus Disease 2019 to help prevent and slow the spread of COVID-19 in the workplace. Additional information about identifying critical infrastructure during COVID-19 can be found on the DHS CISA website or the CDC's specific First Responder Guidance page.

\*For more information regarding the CDC's guidance, visit <https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>



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